



Weekly E-News from Grace Episcopal Church

May 12, 2016

## Spotlight on Grace: *Experience A Groundbreaking Sunday*



We will embark together on multiple new journeys this Sunday, and you are cordially invited to attend.

As we celebrate through our worship the Day of Pentecost -- for which you may choose to don your favorite red-colored attire -- we will also share as a congregation in the joy of Holy Baptism during the 10:00am service; and delight in the lifelong journeys in Christ that are begun with that blessed sacrament.

### **And then comes another groundbreaking new beginning:**

Together this Sunday, we will step into an exciting new chapter in the life of Grace Church, with a ceremonial groundbreaking for our project to construct a beautiful and transformational new building here on our beloved campus. We will process outdoors for this latter portion of the 10:00am service, before returning indoors for coffee hour. Our new 'Great Hall' will not only provide a spectacular setting for all manner of church gatherings and events, but will also serve as a terrific downtown venue for wedding receptions, arts-related functions, and other community events.




As our journey into the construction phase begins, we strive to steward our capital campaign to completion. To all those who have made a capital campaign pledge we give our heartfelt gratitude.

We thank you in advance for keeping current with your annual progress toward that pledge, and ask that you please watch for a related mailing that we'll send shortly to all with remaining pledge balances. For any who have not yet pledged, and would like to play a part in building for the future of Grace Church in Providence, please [contact Parish Administrator Chris Barker](#) to register your pledge. Those wishing to donate or pledge online are most [welcome to do so here](#).

The Grace Church Choir Presents:  
**Dvořák's Mass in D Major**

Sunday, May 15, 5:00pm  
Grace Church in Providence,  
Mathewson and Westminster  
[www.gracechurchprovidence.org](http://www.gracechurchprovidence.org)



**And the groundbreaking  
grand finale:**

The Grace Church Choir will enter into fresh new musical territory this Sunday with its very first feature concert performance, presenting the gorgeous Mass in D Major by Antonín Dvořák (1841-1904). Accompanying on organ will be none other than Christian Lane, our former interim music director. Vince Edwards and the Grace Church Choir and

soloists have together prepared a wonderful performance, and we urge all Grace Church parishioners who are able to please come out and enjoy this musical feast to punctuate a truly groundbreaking feast day. Please spread the word among all your friends, family and co-workers and encourage them to join you in this experience.

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## This Week at Grace

**Worship services:**

Sunday 8:00am Holy Eucharist  
Sunday 10:00am Baptism, Holy Eucharist and Groundbreaking with music  
Wednesday Noon Holy Eucharist

**The Grace Church Choir Presents  
Dvořák's Mass in D Major:** Sunday, May 15, 5:00pm. All are welcome to attend this free concert performance. Please come and enjoy!



**Women's Prayer and Bible Study:**

2nd and 4th Saturday of each month at 9:30am in the Chafee Room

**Grace Church is OPEN to the Public** each weekday from 11:00am until 2:00pm. Please tell your friends, co-workers, and visitors to stop by and explore this beautiful historic church. Our friendly docents will greet you with a smile.

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## Making Outreach a Way of life



May is [National Foster Care Month](#), and former Outreach Commission Chair for Grace Church Elaine Gabellieri knows a thing or two on the topic. She and her husband Jeff Foster have opened their doors and their hearts to children in need since 2010, and call it "the most rewarding thing we've ever done". [Please click here](#) to read an article about their family that appeared in *The Cranston Herald*.

The Fosters foster through Children's Friend, one of the terrific local agencies that Grace Church supports through its outreach ministry. For information about becoming a foster parent, [please click here](#). Grace church parishioners recently donated mounds of helpful supplies such as blankets and diapers through our annual Lenten Cross Drive, and Grace Church was proud to sponsor the Children's Friend 5k Walk & Run fundraiser event at Roger Williams Park on April 30 with a \$1,500 donation. Please ["Like" the Children's Friend Facebook page here](#), or [click here to donate](#) in support of their work to improve the well-being and healthy development of Rhode Island's most vulnerable young children.

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## Your Priest-in-Charge: The Reverend Lavonne Seifert

During the period of Jonathan's sabbatical, beginning next week and through the end of August, please direct all pastoral questions, inquiries, and/or conversations to Mother Lavonne Seifert.

Lavonne will serve as Priest-in-Charge of Grace Church, and is already well known to this congregation as both a longtime parishioner and as our current Associate Rector. You may reach her by telephone at 401-331-3225, or via email: [lseifert@gracepvd.org](mailto:lseifert@gracepvd.org).



## Your Health & Wellness Minute: Practicing Conscious Aging



The Institute of Noetic Sciences, a member of the Conscious Aging Alliance, has identified [nine practices](#) to help people engage in life more fully. Below are the first three ([please click here](#) to read the full list).

1. Reflect on your worldview, beliefs, stereotypes, and assumptions. How might they be limiting you or holding you back?
2. Reframe Your Inner Talk. Take note of your critical self-talk... reframe these internal messages as more positive and self-compassionate.
3. Shift Your Perspective away from the popular media and the weapons of "mass distraction" that shape the dominant culture's view of aging. Find opportunities to pause and ask yourself where you find joy, goodness, and connections.

## Connect with Grace

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[This Sunday's Readings](#)

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Your Grace Church Clergy & Staff  
401-331-3225

*The Mission of Grace Church is to build, by the grace of God, a loving and joyful community which lives the gospel through worship, proclamation and service to each other, to downtown Providence, and beyond.*