



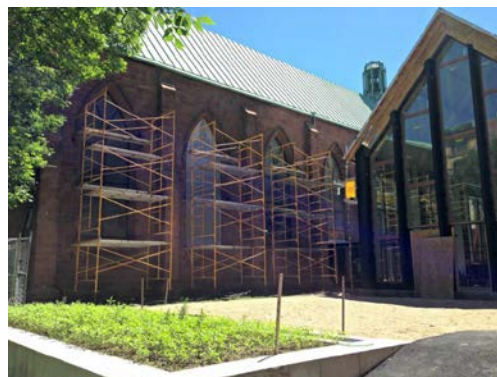
Weekly E-News from Grace Episcopal Church

June 22, 2017

Spotlight on Grace: 47 Years in the Life of a Grace Church Wall

With a historical timeline stretching 171 years since Grace Church's construction, sometimes it's helpful to zoom in a bit and consider just a portion of the church, and over a particular block of time.

Our attention turned to the west wall of Grace Church this week when the crew from E.F. O'Donnell & Sons -- the same crew that completed extensive exterior restoration in 2015 -- arrived on-site to begin fitting new protective covers (called *glazing*) for the stained glass windows along the west side of Grace facing The Pavilion. This new glazing will fit snugly to the window frames, and offer a much-improved view of our beautiful stained glass from inside The Pavilion. The improved clarity of the new glazing will also improve the lighting of the windows as viewed from the interior.



But there was a time -- and this is an understatement -- when *too much* light entered the nave of Grace Church. Local architect Cory deBoer has kindly gifted some fascinating photographs to Grace, which he himself took during the fall of 1970 following a most unfortunate mishap. [The Albee Theater stood](#) where The Pavilion now stands from 1919-1970, exceeding the height of Grace's roof all the way from Westminster to Chapel Street.

During the theater's 1970 demolition, a wall collapse sent a mass of debris crashing right through the ceiling above the first two windows closest to the vestry. The photo at right shows architect Irving Haynes standing atop the debris pile as he and Cory deBoer assessed the damage and planned the swift repairs that followed.

Now 47 years later, Grace's west wall awaits a brand new opening, as the connecting passage between the church and The Pavilion will soon join these two spaces and prepare for our approaching use of this beautiful new addition taking shape before our eyes.



This Week at Grace

Weekly Worship Schedule:

Sunday 8:00am Holy Eucharist
Sunday 10:00am Holy Eucharist with Music
Wednesday Noon Holy Eucharist

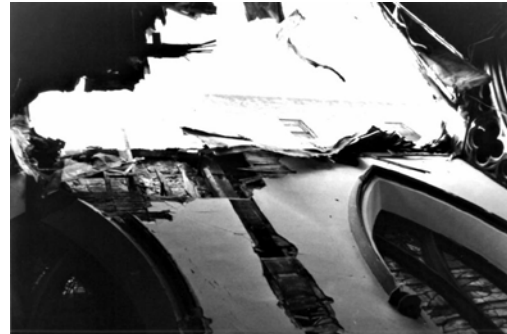
Thank You Reception for Champ: Please join us after the 10:00am service this Sunday in expressing our gratitude for Champ and his more than 25 years of service to Grace. To offer food or refreshments, please contact Luci Scanlan at 401-785-0844.

Prayer Group: Meets the 2nd and 4th Saturday of each month at 9:30am, Chafee Room.

Open Doors: Your friendly docents are here to greet you every weekday from 11:00am to 2:00pm. During the summer, Open Doors will be Monday through Thursday.



Parking for Worship: Parking for Sunday worship is provided in the lot diagonally across Westminster Street, on the NW corner of Westminster and Snow. Additional parking is also available on the top level only of the PPAC parking garage, for which the entrance is on Weybosset Street. A stairway from the top level leads right to Chapel Street across from the church. A small number of spaces are available on the portion of the Grace Church lot facing Snow Street, along an inset section of the construction fence. For all other times, please [check with the parish administrator](#) for availability.



Wheelchair Access and Accessible Parking: Please find wheelchair access from the sidewalk on Westminster Street into the church. Handicapped parking spaces have been posted for Sundays on Mathewson Street near Westminster.

Thank You, Champ!

This Sunday we honor the retirement of Facilities Manager Champ Cooley with a reception and thank you following the 10:00am service. Our Facilities Manager since the early 1990's, Champ has spent decades maintaining, cleaning, and repairing the "antique," and often complicated, building systems here in this church that we call home. You don't have to walk far on this campus to find equipment or systems that Champ designed and installed.

If you are moved to offer food or refreshments for this special coffee hour reception, please contact Luci Scanlan at 401-785-0844.



June 25, 2017 - Third Sunday after Pentecost

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your lovingkindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

For the text of this Sunday's readings, [please click here](#):

[Jeremiah 20:7-13 ~ Psalm 69:8-11,18-20 ~ Romans 6:1b-11 ~ Matthew 10:24-39](#)

This week from the Episcopal Church: [The Feast of St. Peter and St. Paul](#). [Click here](#) for the latest from the Episcopal News Service. And for current news from the Episcopal Diocese of Rhode Island, [please click here](#).

Would you like to add someone to the prayer list? [Please click here](#) to submit a name, or call the church office at (401) 331-3225. Names are kept on the list for a month, and can be renewed at any time. Those received by Wednesday will appear in the same week's bulletin.



Summer Choir Is Now in Session

During the summer months we will enjoy the leadership of our summer choir! Summer Choir is open to anyone who sings with the Grace Church Choir, or anyone who would like to try singing in the choir. We meet in the Choir Room at 9:00 AM on Sunday mornings, rehearse the hymns and psalm, and prepare a simple anthem or two. You don't need to give previous notice, but if you would like to try Summer Choir, please do [email Vince Edwards](mailto:vince.edwards@gracechurch.org), Director of Music, for more



information, or if you have any questions. Feel free to sing one Sunday, or every Sunday! Please note: We may not vest once the weather turns hot, so please wear our summer choir "uniform" - white blouse or shirt, black (or very dark) shorts, pants or skirt and dark-ish shoes (sandals are fine!).

Your Health & Wellness Minute

There is A Physical and Spiritual Link to Well-Being

"Finally, brethren, whatever is true, whatever is honest, whatever is just, whatever is pure, whatever is lovely, whatever is good; if there be any virtue, and if there be any praise, think on these things".
Philippians 4:8



Our physical health and spiritual health are intrinsically linked. Both can be improved by the addition of good habits into our lifestyle. Here are some other parallels between our physical and spiritual lives:

Consistency

Physical: Consistently eating something we know is good for us has a dampening effect on the desire for not-so-good things. When we put something good in it leaves less room for something that is not so good.

Spiritual: Consistent time spent in prayer leaves less time for indulgence. It leaves less time to watch television or read materials that may not be the most elevating to our spiritual nature. As we are persistent in prayer we find ourselves thinking more about the Lord and thirsting for answers to our questions. Thus, our desire for spiritual things becomes stronger.

Persistence

Physical: Persistence is the key to changing things for the better. A walk after supper has a way of clearing the mind. The tiredness passes and you may find you have more energy.

Spiritual: Start adding the good persistently, such as having prayer time before you get dressed in the morning. Within a short while, your spiritual health will improve and the symptoms of worldliness will begin to subside.

Practice

Physical: The more we eat healthy food and become more active, the more likely we will

become healthier.

Spiritual: If your spirit is cared for, you may find you have more energy to lift up your fellow man.

The one thing we all have, whether we are rich or poor, sick or healthy, is time. We have all been given the choice as to how we use that time. Everyone can pray silently and commune with God.

[Physical and Spiritual Health](#), Author: Dr. Rudy Davis, N.D. [Click here for full article.](#)

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EPISCOPAL
CHURCH

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The Mission of Grace Church is to build, by the grace of God, a loving and joyful community which lives the gospel through worship, proclamation and service to each other, to downtown Providence, and beyond.