

 Depal Church
 Fanuary 11, 20

And I will give you a new heart, and a new spirit I will put within you.

And I will remove the

HEART OF STONE

from your flesh and give you a

HEART OF FLESH.

EZEKIEL 36:26

Weekly E-News from Grace Episcopal Church

## A New Heart for Lent and Easter

What is your hope for yourself this upcoming Lent? Can you imagine it as season of genuine repentance - a powerful change of heart that stretches you into a stronger and more whole version of your current self? Suppose taking on this challenge during Lent presented an opportunity for you to grow beyond the limits of who you are now... to grow into an even fuller embodiment of whom God has created you to be.

Grace Church will present a special program for Lent and Easter led by Maria DeCarvalho, an Episcopal Priest who has previously served as Associate Rector here at Grace, Dean of the Cathedral of St. John, and Theologian in Residence at the American Cathedral in Paris.

Today, as co-Director of <u>Minds at Work</u>, Maria is an executive coach working with leaders committed to their own personal development. Maria believes that this work resonates powerfully with the promises of God, vividly expressed in the words of the Prophet Ezekiel: "A new heart I will give you, and a new spirit I will put within you."

The program is titled *A New Heart: Spiritual Practice for Powerful Personal Change*, and seeks to identify and remove inner obstacles that may stand between you and the realization of your dearest life goals. A New Heart will consist of three large-group sessions held in our own



beautiful pavilion on the following dates and times:

Sunday, March 10; 12:00pm - 2:30pm Saturday, March 30; 9:00am - 11:00am Saturday, May 11; 9:00am - 11:00am

Coffee and light fare will be provided, as well as a program manual. Participants will be encouraged to gather for informal small-group off-site sessions. Tuition for this program is \$50, though **scholarships are readily available to Grace Church parishioners by contacting the rector**. And importantly, any proceeds from this program that are in excess of direct costs will support Grace to Go, the new meal-service ministry here at Grace.

To register, please <u>click here to reserve your spot</u> or call the parish office at 401-331-3225, and then drop-off, mail, or place in the Sunday offering plate a check made out to Grace Church in Providence with "A New Heart" indicated on the memo line. If submitting on a Sunday, please place the check in an envelope indicating "Attn: Parish Administrator".

# Compline and Candlemas



**Compline coming Sunday, January 20:** Please be sure to join us Sunday evening on January 20 for **Compline**, half an hour of chant, candlelight, and a bit of incense. The doors will open at 7:30 for prayer and meditation.

#### Save the Date for February 2:

Also, please save the date for Saturday, February 2, 4:00pm for a special *Lessons & Carols for Candlemas* featuring the Brown University Chorus directed by Frederick Jodry, and with organist Vince Edwards. This free event will feature music by Victoria, Holst, Hassler, Eccard and Bortniansky, and is presented by The American Guild of Organists, Providence Chapter. A reception will follow.

### This Week at Grace

Weekly Worship Schedule:

Sunday 8:00am Holy Eucharist Sunday 10:00am Holy Eucharist with Music Wednesday 12:00 Noon Eucharist

**Thursdays at Noon concerts** will return for February 7 through May 23.

**Open Doors:** Your friendly docents are here to greet you every weekday from 11:00am to 2:00pm. Please encourage your friends or guests to come and visit Grace Church and see the new Pavilion at Grace.



**Wheelchair Access and Accessible Parking:** Please find convenient accessible in the Grace Church parking lot with access from Snow Street. The new wheelchair ramp connects directly from the lot, and you will enter through the new reception entrance of The Pavilion and into the church at ground level.

Parking for Worship: Free parking for Sunday worship is provided:

1.) in the lot diagonally across Westminster Street, on the NW corner of Westminster and Snow;

2.) On the **top level only** of the PPAC parking garage, for which the entrance is on Weybosset Street. A stairway from the top level leads right to Chapel Street across from the church; and

3.) In the Grace Church parking lot accessed via Snow Street. We ask your kind cooperation in reserving this lot, to the extent possible, for seniors and those with limited mobility.

## January 13, 2019 First Sunday after the Epiphany

Father in heaven, who at the baptism of Jesus in the River Jordan proclaimed him your beloved Son and anointed him with the Holy Spirit: Grant that all who are baptized into his Name may keep the covenant they have made, and boldly confess him as Lord and Savior; who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. **Amen.** 



For the text of this Sunday's readings, please click here.

This week from the Episcopal Church: <u>United Thank Offering Grants Accepted</u>. <u>Click here</u> for the latest from the Episcopal News Service. And for current news from the Episcopal Diocese of Rhode Island, please click here.

Would you like to add someone to the prayer list? <u>Please click here</u> to submit a name, or call the church office at (401) 331-3225. Names are kept on the list for a month, and can be renewed at any time. Those received by Wednesday will appear in the same week's bulletin.

